



Saturday, September 16, 2023
USC Health Sciences Campus
Hybrid Conference
7:00 am - 3:15 pm

USC
Diabetes Symposium
2023

Keck School of Medicine of **USC**

Presented By:
USC Department of Medicine,
Division of Endocrinology and Diabetes and
USC Office of Continuing Medical Education



PROGRAM AGENDA

7:00 am **Live Registration Opens and Continental Breakfast**

7:45 am **Virtual Login Begins**

8:00 am **Director's Welcome and Announcements**

Alyssa L. Dominguez, MD

Session I

Moderator: Alyssa L. Dominguez, MD

8:10 am **What's New in Incretin-Based Therapy for Type 2 Diabetes?**

Alyssa L. Dominguez, MD

8:40 am **Heterogeneity in Type 2 Diabetes**

Anne L. Peters, MD

9:10 am **Should Metformin Still Be First-Line Therapy for Type 2 Diabetes?**

Nairi Berner, MD, MS

9:40 am **Questions and Answers**

10:00 am **Break**

Session II

Moderator: Alyssa L. Dominguez, MD

10:20 am **Care for Patients with Diabetes in Resource-Limited Settings**

Mojdeh Moradi, PharmD

10:50 am **The Role of the Registered Dietitian: Nutrition Assessment in Diabetes Care**

Rachel Lander-Canseco, MS, RD, CDCES

11:20 am **OT Lifestyle Redesign for Type 2 Diabetes**

Beth Pyatak, PhD, OTR/L, CDCES, FAOTA

11:50 am **Questions and Answers**

12:10 pm **Lunch**

Session III

Moderator: Alyssa L. Dominguez, MD

1:10 pm **Non-Nutritive Sweeteners: Magic Bullet or Fool's Gold?**

Michael Goran, PhD

1:40 pm **Duodenal Mucosal Resurfacing as a Treatment for Type 2 Diabetes**

Jennifer Phan, MD

2:10 pm **Should Obesity Be the Treatment Target in Type 2 Diabetes?**

Jaime Almandoz, MD, MBA

2:40 pm **Questions and Answers**

3:10 pm **Closing Remarks**

Alyssa L. Dominguez, MD

3:15 pm **Adjourn**

FACULTY

COURSE DIRECTOR

Alyssa L. Dominguez, MD

Assistant Professor of Clinical Medicine
Division of Endocrinology and Diabetes
Keck School of Medicine of USC
Los Angeles, CA

PLANNING COMMITTEE

John D. Carmichael, MD

Associate Professor of Clinical Medicine
Clinical Chief,
Endocrinology and Diabetes
Co-Director, USC Pituitary Center
Division of Endocrinology and Diabetes
Keck School of Medicine of USC
Los Angeles, CA

Peter A. Singer, MD

Professor of Clinical Medicine
Division of Endocrinology and Diabetes
Keck School of Medicine of USC
Los Angeles, CA

USC FACULTY

Michael I. Goran, PhD

Professor and Vice Chair for Research
Department of Pediatrics
Children's Hospital Los Angeles
Director, Southern California Center for Latino Health
Keck School of Medicine of USC

Anne L. Peters, MD

Professor of Clinical Medicine
Clinical Scholar
Division of Endocrinology and Diabetes
Keck School of Medicine of USC

Rachel Lander-Canseco, MS, RD, CDCES

Clinical Outpatient Dietitian
Department of Clinical Nutrition
Keck Medicine of USC

Jennifer Phan, MD

Assistant Professor of Clinical Medicine
Division of Endocrinology and Diabetes
Keck School of Medicine of USC

Mojdeh Moradi, PharmD

Manager, Pharmacy Services
Advanced Practice Pharmacist
Board Certified Advanced Diabetes Management
Board Certified Geriatric Pharmacist

Beth Pyatak, PhD, OTR/L, CDCES, FAOTA

Associate Professor
Director, Lifestyle Redesign
Knowledge Mobilization Initiative
USC Chan Division of Occupational
Science and Occupational Therapy
Herman Ostrow School of Dentistry of USC

GUEST FACULTY

Jaime Almandoz, MD, MBA, FTOS

Associate Professor of Internal Medicine
Medical Director, Weight Wellness Program
Division of Endocrinology
Department of Medicine
University of Texas Southwestern Medical Center
Dallas, TX

Nairi Berner, MD, MS

Assistant Clinical Professor
Department of Diabetes,
Endocrinology & Metabolism
City of Hope Orange County
Lennar Foundation Cancer Center
Irvine, CA

COURSE DESCRIPTION

USC presents the second year of the *USC Diabetes Symposium*.

This hybrid program, offered in person and over virtual platform, presents updates in the field of diabetes and obesity management with the use of cutting-edge medications, procedures and behavioral techniques.

Highlighted are areas of advancement including medical and minimally invasive procedural management of obesity, updated recommendations for patients with type 2 diabetes, with personalized strategies for each patient, care for patients with diabetes in resource-limited settings, and guidance on evidence-based recommendations for nutrition and use of non-nutritive sweeteners.

Presentations from experts in the fields of diabetes, obesity, nutrition, occupational therapy and advanced endoscopy will help inform clinical practice in the management of these complex diseases with a rapidly evolving base of evidence.

COURSE OBJECTIVES

By the end of the course, participants will be able to:

- Recognize unique patient characteristics to create personalized treatment strategies for patients with type 2 diabetes.
- Identify patients who would be ideal candidates for incretin-based therapy for diabetes and obesity.
- Discuss risks and benefits of different treatment options for diabetes.
- Utilize resources to provide care for patients in resource-limited settings.
- Implement lifestyle management techniques that have proven benefit in patients with diabetes.
- Provide evidence-based nutrition recommendations for patients with diabetes.
- Counsel patients on the risks and benefits of artificial sweeteners.
- Educate patients on the connection between obesity and type 2 diabetes.

TARGET AUDIENCE

This course is intended for primary care providers, nurses, trainees and other health care professionals that care for those with diabetes and obesity to select individualized treatments for these complex patients.

ACCREDITATION STATEMENT

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 5.75 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician Assistants: The National Commission on Certification of Physician Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

REGISTRATION FORM

USC Diabetes Symposium 2023

Hybrid Conference - September 16, 2023

Live or Virtual Tuition: Early-bird price for live and virtual registration ends September 12, 2023 at 12:00 pm, PDT. For registration after September 12: Virtual registration adjusts to on-site price. For live registration, please register on-site.

Choose one: Live Attendance Virtual Attendance

\$150 MD/DO \$125 NP/PA/APP \$125 RN/AH \$25 Students, Residents, Fellows

On-site for live registration: September 16, 2023 at 7:00 am, PDT.

Virtual registration is available until 9:00 am, PDT.

\$175 MD/DO \$150 NP/PA/APP \$150 RN/AH \$25 Students, Residents, Fellows

Cancellation: Cancellations must be received by the USC Office of CME (fax or email) by September 12, 2023, 12:00 pm PDT for a refund. A \$50 cancellation fee will be applied. In the event of course cancellation by conference organizers, all registration fees will be fully refunded. USC will not refund any travel costs incurred.

Location: Catherine and Joseph Aresty Conference Center, in the lower ground level of the Harlyne J. Norris Cancer Research Tower on the USC Health Sciences Campus 1450 Biggy Street, Los Angeles, CA 90033

Parking: \$20 at Biggy Parking Structure (P8): 1334 Biggy Street at Zonal Avenue, Los Angeles, on the USC Health Sciences Campus

Register: **Mail:** 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033
Mail-in registration must be postmarked by September 12, 2023.
Online: keckusc.cloud-cme.com/diabetes2023
Phone: (323) 442-2555 | **Fax:** (323) 442-3734 **AMEX, Mastercard, Visa**
Email: usceme@usc.edu
On-site: **Live registration:** Available September 16, 7:00 am, Aresty Conference Center.
Virtual registration: Available until 9:00 am, PDT on September 16.

NAME _____ DEGREE _____

MEDICAL LICENSE NUMBER _____

TELEPHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

SPECIALTY _____

EMAIL ADDRESS* _____

INSTITUTIONAL AFFILIATION _____

*Registration confirmation and event reminder will be emailed.

METHOD OF PAYMENT:

No cash payment accepted.

Check (Check payable to USC. Check payment must be postmarked by September 12, 2023)

Credit Card (Mastercard or Visa. American Express by Phone/Mail/Fax only)

CREDIT CARD NUMBER _____

EXPIRATION DATE _____ SECURITY CODE _____

AUTHORIZED SIGNER _____ AMOUNT \$ _____



Keck School of Medicine of USC

Office of Continuing Medical Education
1540 Alcazar Street, CHP 223
Los Angeles, CA 90033



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